

Newsletter

Spring / Summer 2025



**Dorothy
House**
HOSPICE CARE

Together in Adversity

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Thank you for taking the time to read this edition of our Spring/Summer newsletter. Our Together in Adversity

campaign has drawn to a close, but we are indebted to Emma (featured on our front cover) and her family for generously telling the story of her care on our Inpatient Unit before her death last year. Emma's honesty about her end of life journey and the importance of supporting Dorothy House in such a difficult financial landscape has been the backbone of our Together in Adversity campaign. Her words and the needs of all of the many other patients and families, both present, and future, are what motivate us to do all we can to protect our vital core services.

Although a longer term, sustainable funding solution for hospice care is still uncertain (whilst the Health and Social Care Select Committee's Expert Panel conducts an independent evaluation of the state of palliative and end of life care in England), thanks to you and hundreds of loyal supporters, our three month campaign has helped to raise £900,000 so far. An incredible testament to the value you place on the unwavering dedication of our staff and volunteers and a huge affirmation of the power of community to come together to stand with us in adversity.

As a short term solution to a major financial shortfall, it means we continue to evolve our care to deliver what matters most to our patients and their families. By working in partnership with our community, over the course of the first half of

2024, we cared for and supported 8% more patients and families. We also provided 727 instances of digital support via our website and trained 250 individuals to equip them with the skills and confidence to support patients and families in their communities.

Now, one year before our 50th Anniversary, we are ready to share our new 2025-2028 strategy. Shaped through talking with people in our community and our own staff and volunteers and intended to steer our course for the next three years, our main aims are to meet the growing demand for palliative and end-of-life care by empowering individuals and communities, promoting collaboration, and delivering safe and personalised palliative care informed by best practice. We hope that you will be inspired by the stories in this newsletter and support us on this next step in the Hospice's journey.

Your feedback and experience of our hospice care is of huge importance to us, so if you wish to respond to any aspect of this newsletter, or would like to share your personal story as part of Dorothy House's 50th birthday, please feel free to contact us here: comms@dorothyhouse-hospice.org.uk

Wayne de Leeuw
(Chief Executive)

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Privacy statement update

Dorothy House is committed to protecting the data we hold, whether this relates to patients and clients, donors, staff or volunteers. We have updated our privacy statements to explain how we handle data for the different groups of people we work with. You can find these at: dorothyhouse.org.uk/privacy/

If you are unable to view them online and would like a hard copy, please phone 01225 722 988.

Community heroes

1 Sophie and MJ's skydive challenge!

The amazing team at Hays Travel, Shepton Mallet, went above and beyond to raise an incredible £1,280 for Dorothy House by taking part in a 15,000ft skydive challenge on 20 October 2024. When Sophie and MJ decided to take to the skies to raise funds for Dorothy House, they contacted the Hospice who supported them with setting up a JustGiving Page to take donations, as well as providing them with collection buckets, a banner and t-shirts to wear on the big day. The money they raised could fund over 24 hours of care for one patient on the Inpatient Unit.



2 Bath Roller Derby Club

Bath Roller Derby are a local group who play the fantastic sport of Roller Derby; a roller skating contact sport played on an oval track by two teams of five skaters.

They held their annual 'Peeka Hurt You Cup' in 2024 and raised a fantastic £3,000 in memory of their member Amy Buller, who Dorothy House looked after in September 2020. The club then took part in our Bridge the Gap Appeal in November last year, boosting that initial donation up to £8,298 and saw a number of other Roller Derby clubs from across the country donating in memory of Amy, who they would have met during many national games and competitions.



3 The Hulland family

The Hullands, an incredible family from Devizes, whose cherished family member was cared for by the team at Dorothy House in early 2024, turned their grief into action by taking on multiple challenges throughout the year. Their efforts raised over £18,000 in total! Their challenges included a 'Brave the Shave' fundraiser which raised an astonishing £13,000 in a matter of days, as well as a cake sale, an ice bath challenge, and took part in our Dorothy House-led Big Avon Paddle and Paws in the Park events. The amazing family are continuing to fundraise in 2025, including holding a special celebration event in memory of their loved one this spring.



4 Christmas tree collections

We are delighted to share that our annual Christmas Tree Collection had another record-breaking year in January, raising over £120,000 for vital end of life services for our community. We are so grateful to everyone who made a donation to have their tree collected by our wonderful team of volunteers with their vans. Across three days, our teams collected over 5,900 trees across our patch. Huge thanks is owed to our community volunteers and corporate supporters; including Wessex Water, C&C Tree Services, Rotork and E&H Drylining and Plastering. Our collection grows year on year, so please do reach out if you would like to support our 2026 Collection.



We are launching a new, meaningful way to support your local hospice through our new Dorothy House gift cards. Each gift card represents not just a monetary value, but an income to help us provide compassionate care for patients and families facing life-limiting illnesses.

When you purchase a Dorothy House gift card, you are not only offering a thoughtful gift to friends and family, but helping to fund vital services. Buying a gift card can help to fund nursing care on our Inpatient Unit or in the community, emotional support, and therapeutic activities for our patients.

The cards can be purchased in our shops, the Hospice reception and online at dorothyhouse.shop. They can be redeemed in all of our 27 high street shops and at the Hospice in Winsley. This makes the gift cards perfect for any occasion, from birthdays to holidays and celebrations.

In addition to supporting a fantastic cause, gift cards from Dorothy House also help raise awareness of the Hospice within the community. Dorothy House gift cards are a meaningful way to support your local hospice while providing heartfelt gifts; allowing recipients in turn to contribute to compassionate care in their community.

Time to get personal – Our new strategy



It might just be the toughest time for the hospice movement since its inception in the 1960s. A combination of an aging population requiring increased specialist support, rapidly rising costs and prolonged underinvestment by government have left hospices across the UK cutting services at just the time they are needed most.

2025-2028

At Dorothy House we're incredibly proud to have increased the impact of our work over the seven years of our last strategy. We now care for over 3,000 people at the end of life and support over 1,000 through bereavement. But it is not enough. We know there are still so many people who are not reached by us and our partners. We also know that by being in a relationship with people earlier, we could avoid traumatic crises that scar families and paralyse our wider health and social care systems. To keep doing more in times like this therefore, we need a new strategy.

Shaping our new strategy

We started with one question:

What will make the biggest difference to the lives, and deaths, of people who need us the most?

In the financial landscape we face we then had to answer a much more difficult question:

What is the right size and structure of organisation to make that difference for the largest number of those who need us?

Through listening to our communities' responses to that first question, the problem remains that the answer is different for every single one of the estimated 4,613 people who could benefit from end of life care in our area this year. It will still be different for the estimated 25% more people who will need support in 2048*, and there is evidence that on average each of those deaths will deeply impact

nine people close to them. Ask what might stop some of those people, often from marginalised or disadvantaged groups, from accessing care or support and once again the answers are as unique as each one of us.

And there we have it. The new Dorothy House strategy can be expressed in two words: 'It's personal'.

So what next?

Our vision has not changed. We're still committed to one day living in a society where death is part of life. We believe that people who understand this are more likely to live well, die peacefully and help those around them to do the same.

The unique purpose of Dorothy House is to bring life to death. That means we help people to add life to their days, no matter how few they might be. It means we are equally committed to ensuring people who are struggling with grief, are equipped to find meaning in life, after the death of someone they love.

Our priorities



1

Living well:

Help people in the last 1,000 days of life to live to the fullest.

2

Peaceful death:

Support as many people as possible to experience a peaceful death, free from pain and distress.

3

Supported bereavement:

Provide support for bereaved individuals and families.

4

Sustainable funding:

Ensure we continue to support generations to come.

Our strategy



Collaborate:

Work with partners to provide holistic services that deliver equitable, personalised and high quality care.



Deliver:

Provide compassionate, safe and personalised care that can be an inspiration to others.



Empower:

Enable patients, families, and communities to take control of their care and support.

There are so many things **we** need to do to enable this bold approach to become a reality. By **'we'** we don't just mean specialists within Dorothy House; we mean every one of us that makes up the communities we call home. By working together we can and will see lives, deaths and whole communities transformed over the next three years.

For us all, it's personal!

* Cicely Saunders Institute, King's College London.



Working with our community

One of the reasons that Dorothy House remains a vital end of life service is because of the willingness, instilled right from the outset by our founder, Prue Dufour, to listen to the needs of the communities we serve and adopt or create new ways to meet these needs.

Here are just four ways in which Dorothy House has been working with our community over the past twelve months.

Co-production

“I sought bereavement support after my wife’s death but found no local services. I’m glad to have helped create community support in B&NES with B&NES Carers’ Centre, Dorothy House, and We Hear You. The launch of the Bereavement Help Point at The Hub in Odd Down, Bath now offers support that wasn’t available before.”

Norman Lee, B&NES Co-production Group Member



Engagement

“Community Engagement & Volunteer Coordinators introduce our patients, carers and their families to community assets. This could be a social group to help alleviate isolation or help with a household task.”

Rachel Stewart, Head of Volunteering



Development

“Coffee Connection is sustainable when led alongside and out in our communities. We are now working in a strength-based way to explore what assets already exist in our communities and how we can work alongside them (instead of creating additional groups) for the benefit of everyone affected by a life-limiting illness.”

Dawn Griffiths, Clinical Lead, Day Services Partnership



Community

“Community at 67, a small community centre based in Keynsham has a very successful partnership with Dorothy House, running a weekly Coffee Connection session aimed at those affected directly or indirectly by cancer or a life-limiting illness. Through this partnership we are able to strengthen our community ties and improve the quality of life of local people.”

Martin Burton, Chair of Trustees, Community @ 67





Staff spotlight

Chris Harlow

Business Intelligence Manager for Dorothy House.

I joined Dorothy House in the summer of 2023 to tackle all things data. Coming from a large hospital trust in Bristol, it was quite the change of scene! There was a lot to get my teeth into, starting with automating our data processing. This was a game-changer for our Digital Team; instead of spending our time pulling data manually out of different systems, we now have it all waiting ready for us.

Building on that, we have created live dashboards for the Community Palliative Care Teams and for Fundraising, giving them up to date information at the touch of a button.

Looking more directly at patient care, we also developed our reporting, to help us understand the impact of our care on patients' end of life journeys. This inspired the live Patient Impact Dashboard, which enables clinicians to see all of a patient's wellbeing scores in one place. These are a few of the ways the Digital Team is trying to help everyone at Dorothy House to work more efficiently.



I love working at the Hospice for so many reasons. Having so many lovely colleagues really makes it great. The beautiful location doesn't hurt either!"

Dorothy House Palliative Care Research Conference 2025

Located at the Hospice in Winsley on Thursday 5 June 2025, we are delighted to be hosting a collaborative Palliative Care Research Conference focusing on palliative care research in residential and community settings.

Location: Dorothy House in Winsley (in-person)

Conference duration: 9.30am – 4pm

Early Bird Tickets: £65

General Admission Tickets: £75

Using research to optimise care in community settings

Learn about the latest research and best practices in providing end of life care in both residential and community settings, bringing together researchers, practitioners and patients across residential and community settings to share insights and best practice.

The Palliative Care Research Conference will allow experts in the field to discuss the latest findings and innovations; offering an opportunity to network with professionals and learn from leading researchers.

What to expect

- Q&A panel discussions
- Experts with lived experience
- Keynote talks by experts in the field
- Networking opportunities
- Abstract posters



Why participate in research?

We are proud to offer research participation opportunities to people who access our services. It can provide direct health and wellbeing benefits to research participants, or offer a sense of purpose by potentially benefiting others in the future.

Find out more here:

www.dorothyhouse.org.uk/palliative-care-research-conference.

‘Together in Adversity’ campaign

On 6 January 2025, in the face of a critical financial shortfall, we launched our Together in Adversity campaign to protect the specialist end of life care we currently provide to our patients and their families across our 800 square mile patch.

Together in Adversity
Protect our vital core services

Rising costs, National Insurance and minimum wage hikes, alongside stagnant government funding at 20% of total costs, has all had a major impact on the financial sustainability of the Hospice.

Since the beginning of 2025, the campaign has helped to raise £900,000 and counting, which is an incredible testament to our community's generosity and compassion for hospice care.

Emma Lynham

Patient of Dorothy House Hospice Care, June 2024



“

Last year Dorothy House cared for more than 3,000 patients and 1,000 loved ones completely free of charge. We have done this in the face of enormous funding adversity because it is the right thing to do”

- Wayne de Leeuw, Chief Executive of Dorothy House Hospice Care.

Rising costs

Over the past three years, the cost of running the Hospice has risen from £46,000/day to £52,000/day (based on 2022 to 2024 figures). With the number of people needing specialist end of life care predicted to rise by 25% by 2048.

We have longer-term plans to campaign for change to ensure hospices are able to secure fair, long-term funding solutions. However, at the beginning of the year, we were facing an immediate critical fundraising shortfall, which the recent government announcement of a one-off cash injection did not completely address.

Resolute in our approach, Dorothy House continues to support more and more patients like Emma through our core services; on the specialist Inpatient Unit in Winsley and through our Community Palliative Care Teams visiting people in their homes.



Everyone dies at some point. But that doesn't necessarily make it any less scary. It makes me think if this hadn't been there, how much harder this journey to death would be. I couldn't have done it. My family couldn't have done it without Dorothy House"

- Emma Lynham

Long term investment in our care is key to ensuring that patients like Emma and her family receive the care they need during the toughest times of their lives.

How can you help protect our vital services?

Since 6 January, we have been appealing to MPs, local influencers and anyone who may one day need our services, to stand with Dorothy House in the face of adversity, to help protect vital core services, now and into the future.

- You can donate to our Together in Adversity Appeal via the website.
- Support our upcoming fundraising events.
- Donate to and visit one of our 27 shops.
- Write to your local MP to secure a national settlement that meets the increasing demands of an ageing population.
- Make a free will and leave a gift to Dorothy House.



Visit www.dorothyhouse.org.uk/support-us/donate/ or scan the QR code to find out more about the Together in Adversity campaign or to make a donation to Dorothy House to support us in providing our vital services to the local community.

DOROTHY HOUSE

FUNDRAISING FRIENDS



Friends Groups

Our Fundraising Friends Groups offer a wonderful opportunity to meet like-minded people and do something positive for your local hospice.

We run five active Friends Groups across our 800 square mile patch: in Box, Corsham, Chippenham, North Wiltshire and Malmesbury. Every group holds their own meetings and events in their locality, and supports the Dorothy House-led events. The Fundraising Friends are the beating heart of the Hospice and their support is greatly valued.

Our amazing Corsham Fundraising Friends have really found their niche and have been holding extremely successful Coffee Mornings at the Royal British Legion in Corsham. They held one on Saturday, 30 November and raised a fabulous £683.30! If you would like to join the Corsham group, please check out the Dorothy House website for details.

We are delighted to be expanding our Fundraising Friends Groups into more areas. In fact, we held our first Bath Fundraising Friends meeting earlier this month! If you would like to get involved, please check out our website.



Scan here or visit:

www.dorothyhouse.org.uk/get-involved/fundraising-friends/

Homelessness project – Sam Jones



Sam Jones,
Homeless
Link Worker

In May 2024, I started my role at Dorothy House with these main aims and objectives:

- To better understand the palliative and end of life care needs in the homeless community across B&NES
- Build trust and confidence with members of this community and services and key stakeholders working in B&NES for future collaboration and joint working
- Raise awareness of Dorothy House as an organisation that is accessible to all
- Understand the education and training needs for staff supporting members of the homeless community

Our project remit includes any member of the public who lacks a permanent address; including rough sleepers, people in temporary accommodation and the GRTB community (Gypsy, Roma, Traveller and Boater).

The homeless community can often be a transient population, who can face discrimination on a daily basis. Evidence suggests that homeless people find themselves in an unbreakable cycle, often as a result of unresolved or acknowledged trauma and loss - most commonly bereavement.

Many barriers are encountered when trying to access healthcare services; lack of a fixed address, previous negative experiences, lack of awareness of what is available, a real fear of illness or a condition and associated masking.

Social causes and life events leading to homelessness



Lack of affordable housing



Unemployment



Poverty



People leaving prison, care or the army



Bereavement



Relationship breakdown



Mental and physical health problems



Substance misuse

In order to understand what matters to people in the homeless community, a large part of my role has included identifying and engaging with over fifty organisations and resources across B&NES and its borders to build relationships and trust across the community. This has been interesting and rewarding, with the response to the project and its aims and objectives being very positive. Since May 2024 we have received nine referrals as a result of this engagement.

Some of the organisations we are now engaging with include St Peters, St Luke's and Rowcroft Hospices, the RUH, Bath City Farm, the Community Wellbeing Hub, Julian House, DHI, Rackfield House, Genesis Trust, Clean Slate, Housing First, 3SG, SWAG Cancer Alliance and BEMS.

My colleague Debbie Wait (Clinical Support Assistant, Community Palliative Care Team) and I have been attending the B&NES Housing, Welfare support and Advice service (One Stop Shop) as a drop in clinic. Feedback suggests that people would really benefit from an opportunity to talk through past experiences of trauma and loss. We are therefore shaping an offer of co-produced bereavement support for the homeless community, training for other health and social care professionals and a resource pack.

Alongside the offer of bereavement support, I would like to continue to work as a link for members of the public, key stakeholders and services and Dorothy House in order to assist as many people as possible to access the free care and treatment they require.

I have thoroughly enjoyed the last seven months, and have learnt a great deal in relation to the challenges faced by people experiencing homelessness, particularly when it involves health and wellbeing, so I feel very passionate and proud to work for Dorothy House in this role.

The hard facts

1,474

people died whilst homeless in the UK in 2023

4 in 5

homeless people suffer from a mental health problem

Rough sleepers are

17x

more likely than the general public to experience abuse

Nearly

1 in 4

women sleeping rough have been sexually assaulted

The average age of death was just **45** for men and **43** for women who were homeless

Training courses



Bereavement, Grief and Loss Training

Part of my role as Community Bereavement Support Coordinator focusses on education and the upskilling of Dorothy House staff and volunteers, as well as external partners and other organisations seeking to get a better understanding of bereavement, grief and loss.

In the last year, we have run quarterly courses for our own Bereavement Help Point volunteers, internal staff and partners. We also partnered with the Dorothy House Education Team and Admiral Nurse to present our module as part of a wider course on palliative and end of life care to external groups. These included dementia carers, community based care home support staff, University of the West of England third year nursing students, as well as creating and delivering bespoke modules to two external organisations: We Get It and Rethink Mental Illness. That is a total of 202 people trained and upskilled between July 2023 and December 2024.



Spiritual Support Training

Our multi-faith/no faith Spiritual Support Team are here for our patients, their families and loved ones from the point of a palliative diagnosis, through death and bereavement.

In 2021, we identified an opportunity to upskill our community and partner organisations to offer more effective, compassionate spiritual support to those facing death, and in 2022 launched a free training offer. To date, we have trained 250 people from local care homes, faith groups, crematoriums, funeral parlours, GP surgeries, partner charities, and Dorothy House staff. The training has been very well received, and we are now seeing lots of referrals and recommendations from previous attendees, to other organisations.

“ The session affirmed my current professional practice and also highlighted areas where I feel I would benefit from further experience. There were some really helpful tips on language to employ, and this has encouraged me to explore this area further.” - Course attendee.

“ It’s lovely at the end of each training session to feel that you’ve really reached people, and they have learnt a bit more about hospice care and Dorothy House, as well as feeling better equipped to support those around them.” - Dave Smith, Spiritual Support Lead.

The Spiritual Support training aims to explore what spirituality means to different people and provides advice for approaching the topic of spirituality with those at the end of life, and their loved ones. It is appropriate for anyone in the community coming into contact with people at the end of life, or going through bereavement – whether of a particular faith, multi-faith or no faith.

If you are interested in learning more, visit www.dorothyhouse.org.uk/news/spiritual-support-training, or contact spiritualsupport@dorothyhouse-hospice.org.uk.

PEACE OF MIND



I don't think anyone likes to dwell on the thought of the end of their own life. I am also pretty certain none of us wake up one morning and decide that today is THE day,

but planning for death in advance and whilst you are healthy can be empowering. But why is it so important?

A plan makes sure you are heard, especially if you are no longer able to communicate your wishes. In addition, it can take the stress of making decisions on your behalf away from loved ones, and it can help them feel confident they are making the best choices for you.

End of life planning is an essential tool to ensure individuals control their financial and health care decisions at a point in time when they can still fully participate in decision-making. It is also a key part of financial and estate preparation. An end of life plan allows you to document your wishes for your final days. This can include important decisions such as the medical care you would like to receive, the funeral and burial arrangements you would prefer, and what you want to happen to your assets or the care of your pets.

An end of life plan also allows you to designate a person (or persons) to help make medical and financial decisions if you are unable to. This person can facilitate paying medical bills, choose care facilities, and ensure clinical staff follow your wishes; another way to ensure you feel confident that your healthcare, assets, and funeral arrangements are in the hands of someone you trust.



Useful documents include lasting power/s of attorney, last will and testament, letter of wishes, digital assets and accounts list.

For any additional information or support, please contact our Legacies team on 01225 721480 or Sarah.Dodd@dorothyhouse-hospice.org.uk



HAVE YOU SEEN OUR PEACE OF MIND PLANNER? YOU CAN DOWNLOAD YOURS HERE

New volunteering opportunities

Volunteers are absolutely essential to our work at Dorothy House. With over 1,200 volunteers in over fifty different roles, we simply could not deliver our vital services to patients and families without their tremendous contribution.

Our volunteers are inspired to support us for a variety of reasons; a personal connection with Dorothy House, wishing to give something back to the local community, or wanting to develop their skills further. Our volunteers like Paul, a Volunteer Driver, tell us just how rewarding it is to volunteer with Dorothy House:

“

I decided when I retired that I wanted to give something back and be a little more useful. Meeting the different patients is really nice. You sometimes meet people who haven't seen anyone for two or three days and it's great to just chat to them and see what's going on in their life.”



With a growing need for our care, there is also a growing need for more volunteers to join us. Our Volunteer Services team have recently been working with staff to develop a range of new, rewarding volunteering opportunities in our Day Patient Unit, Inpatient Unit, Education, Family Support and Fundraising teams. Across our community we have continued to develop more volunteer roles in all our shops and to help deliver our Companion, Driver, Coffee Connections and Bereavement Help Point services.

In late 2024, Children & Families Practitioner, Donna Oakes, approached the Volunteer Services team with a request to help her recruit volunteers to her team. Donna says:

“

The Children & Young People Bereavement Support Volunteers will enable us to support more children of families accessing Dorothy House services with pre and post bereavement support, either through providing one to one therapeutic sessions or helping to facilitate group sessions. They will be making a huge difference, meaning we can be there to support more families who are in real need of our help.”

Karen Smith was one of the first volunteers to join Donna's team. Karen is passionate about the Hospice's work, after receiving counselling support due to multiple family bereavements:

“

Motivated by my personal experience with hospice care and my journey supporting my young grandson through his grief, I was inspired to train as a Play Therapist. Now, in my volunteer role at Dorothy House, I am dedicated to using my skills and experience to support bereaved children. Through a holistic approach, I will provide them with the tools to express their emotions and help build resilience, empowering them to navigate their path towards healing.”



To find out more about volunteering with us and to see all our current volunteering opportunities, please visit: dorothyhouse.org.uk/get-involved/volunteer

Frome Running Festival

As Charity Partner for the race, Dorothy House have limited bond places up for grabs. There are three distances to choose from; 5k, 10k and a half marathon where you can run through the historic town of Frome and its surrounding villages. For any runners supporting us, you will receive a bespoke Frome runner's vest or t-shirt, designed by our friends at H2 Creative, to wear on the day. The Hospice will also have a stand in the Runners' Village to welcome you when you arrive and upon your return from your run. For more information or to sign up as part of the Dorothy House team, get a head start and check out our website!



Join our Midnight Walk

Our fabulous annual Midnight Walk is back with a swing in Bath on Saturday, 5 July! Take to the streets for a night of walking, talking, dancing and community to raise much-needed funds for Dorothy House Hospice Care.

After the success of last year, we'll once again be offering a 5K route, as well a 10K route. The event will be based in our wonderful home at the Bath Pavilion and promises to be the biggest party in town! We will have loads of fun activities and a funky warm up to keep everyone entertained before setting off.

For further info and to register your interest please visit the Dorothy House website: www.dorothyhouse.org.uk/get-involved/events/midnight-walk

We can't wait for you to join us!



TREK MACHU PICCHU 2026

A once in a lifetime opportunity

After the success of Trek Nepal in 2022 and Trek Vietnam in 2024, we're pleased to be running one of our biggest and most impressive international treks in 2026, to Machu Picchu, Peru. A once in a lifetime trip, you'll make memories and friends for life as you take on this challenge for an incredible cause.

During the trip you'll take part in a local community project in Cusco to help you acclimatise to the high altitude. The community project could be anything from supporting with gardening, building a wall or painting the inside of a building, but it is always something that the local community needs. You will then set out along the Salkantay trail for five days of challenging trekking, including reaching the incredible heights of 4,630m above sea level; almost 3.5 times the height of Ben Nevis; the tallest mountain in the UK. The whole trip will end with an early morning ascent to Machu Picchu, one of the most spectacular sights in the world!

Trek Machu Picchu runs from Saturday, 18 April to Tuesday, 28 April 2026, costs £495 to register and you must raise a minimum of £5,900, although other payment and fundraising options are available and support will be provided by the Dorothy House Fundraising Team every step of the way.



To find out more or to sign up just scan the QR code or visit:

www.dorothyhouse.org.uk/get-involved/events/trek-machu-picchu/

Cut
me out

Fundraising calendar 2025

What will you do this year to raise money for patient care?

London Marathon

Sun 27 April / London

There are five precious Golden Bond places up for grabs – we'd love to hear from you if you have an independent place.



Apr

Skydive

Sat 20 September / Salisbury

Take to the skies in this awesome once in a lifetime challenge!



Midnight Walk

Sat 5 July / Bath

Join us for a night time walk round the beautiful city of Bath, followed by a party!



Jul

Light up a Life

23 November / Winsley

25 November / Bath

Remember those who have died at our services of light.



Nov

Frome Running Festival

Sun 17 August / Frome

Bringing back an old family favourite with several distances to choose from.



Aug

Reindeer Run

December / At your school

A chance for schools, nurseries and groups to come together and run in reindeer gear!



Dec

Firefly events

18 & 20 September / Winsley

Celebrate the life of a loved one in our beautiful Firefly Woods.



Sep

Christmas Fair

Sat 6 December / Winsley

Join us for some fun festive shopping and refreshments.



Don't miss out!

Keep up to date with any new events.

Newsletter

Spring / Summer 2025



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If you would like to discuss any aspect of this newsletter,
contact the Communications Team:

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Together in Adversity

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